

Class(s) Affected _____ : CONTAGION NOTICE

Your child has been exposed to the communicable disease marked below. Note the incubation period and keep your child home if symptoms develop. **Please call Glenda Olivas, R.N. to inform her of any contagious diseases at (913) 660-1106**

DISEASE	EXPOSURE DATE	INCUBATION PERIOD	SYMPTOMS	EXCLUSION
CHICKEN POX		14 - 21 Days	Blister like eruptions with slight fever and cold symptoms	Child should remain home at least 5 days after the last eruption and all vesicles have dry scabs
IMPETIGO		4 - 10 Days	Pustules with weeping, multiple crusted sores. Antibiotic therapy.	Until lesions are dry.
FIFTH DISEASE		4 -14 Days	Symptoms begin with a mild fever, headache, tiredness and mild cold like symptoms. Then a "slapped cheek" rash on the face and a lacy red rash on the trunk & limbs.	Once the child has the rash, they are no longer contagious. No exclusions. The rash may and can last for weeks. The rash can reappear months later in response to external stimuli such as sunlight, temperature extremes etc.
STREPTOCOCCAL INFECTIONS 1. Strep throat		1 - 3 Days	Fever, nausea, vomiting, headaches, and sore throat. Rash may or may not be present	Child may return to school after 48 hours of antibiotic therapy, & temperature has been below 99.6 without Tylenol for 24 hours.
ACUTE INFECTIOUS CONJUNCTIVITIS (Pink Eye)		1 - 3 Days	Redness of eyes and a discharge of pus from eyelids. Wake up with dried crustiness/mattery on eyelashes.	Child should be excluded from school until the discharge from the infected eyes cease.
INFECTIOUS MONONUCLEOSIS		2 - 4 Weeks	Fever, fatigue, sore throat, and lymph node enlargement. A small number of cases may develop jaundice, and a measles-like rash on the trunk sometimes develops. Most cases are mild, although weakness and a tired feeling may persist for weeks or months.	Cases should be excluded from school throughout the duration of fever.
HAND, FOOT AND MOUTH DISEASE		3 - 5 Days	Fever, sore throat, fatigue, vesicular lesions on throat , tongue and cheeks. Lesions rupture leaving a shallow ulcer. Eruptions on the palms and soles of feet in addition to oral lesions. The virus can also produce lesions on the buttocks. Rash may persist for 1 week or longer	Students may return to school once the lesions have scabbed and dried up and been free from temperature of 99.6 or above for 24 hours
VIRAL MENINGITIS		3 - 10 Days	Fever, headache, stiff neck, bright lights hurt the eyes, drowsiness or confusion and nausea and vomiting.	May return to school once fever is gone and headache are gone and energy level has returned to normal
HEAD LICE		Undetermined	Itching of scalp and or back of neck, presence of louse (the bug), presence of nits (the eggs) on the hair shaft, nits look like dandruff, dandruff will easily move off of hair shaft, nits will not. The nits are small grayish white, tear-shaped and hatch in one week. Reddened areas around the back of neck and ears from bites from louse	Exclude child from school until hair has been properly treated and all nits have been removed. Family to recheck child every day for nits until 2 nd treatment.